# **STEPPING STONES**





## WHOLE HAND GRASP – BEAN TRANSFER

## **MATERIALS:**

- TWO MATCHING BOWLS
- LARGE BEANS (ENOUGH FOR 3 HANDFULS IN THE BOWL ON THE LEFT)
- ONE TRAY
- ONE PLACEMAT

#### **OBJECTIVES:**

- DEVELOPMENT OF ORDER, CONCENTRATION, COORDINATION, AND INDEPENDENCE
- DEVELOPMENT OF HAND-EYE COORDINATION
- DEVELOPMENT OF FINE MOTOR SKILLS
- DEVELOPMENT OF SELF-ESTEEM
- LANGUAGE: Beans, color of beans, tray, bowl/bowls, and handful. Transfer, grasp, empty, and full. Discussion of the shape, color, and feel of the beans.

### **PRESENTATION:**

- Carry the mat to the table and roll it out moving from left to right.
- Carry the tray with two hands to the table.
- Place the tray in the center of the table with the full bowl on the left.
- Invite the child to sit on your left side to view the activity.
- Say "These are beans. I will show you how to transfer or move the beans from the left bowl to the right bowl."
- Steady the bowl on the left with your left hand and grasp a handful of beans. Lift your hand slightly to let any loose beans fall back into the bowl.
- Move your hand to the center of the bowl on the right. Lower your hand and release the beans.
- Continue the transfer with the remaining beans until the bowl is empty.
- Look into the left bowl and note that it is empty.
- Release the grasp of the left bowl.
- Transfer the beans back to the original bowl using the right had to steady the right bowl and grasping the beans with the left hand
- Check around the tray for any spilled beans. Pick-up any beans using the thumb and middle fingers of the dominant hand and return the beans to the left bowl.

