

# PREP + JUNIOR KINDERGARTEN

3 TO 5  
YEARS  
TRADITIONAL

## LIFE-SIZE SELF PORTRAITS

### MATERIALS:

- LARGE PIECE OF PAPER (BIG ENOUGH FOR YOUR CHILD TO LIE DOWN ON AND TRACE THEIR BODIES)
- CRAYONS, MARKERS, OTHER ART AND DRAWING MATERIALS YOU MAY WISH TO USE

### OBJECTIVES:

- DEVELOPMENT OF SELF-AWARENESS
- MAKING CHOICES (IE: FAVORITE ITEMS)
- LANGUAGE DEVELOPMENT: EXPLAINING PREFERENCES
- FINE MOTOR SKILLS (HOLDING DRAWING MATERIALS)
- CREATIVITY, ART, COLOR

### INSTRUCTIONS:

- SPREAD OUT LARGE PAPER ON A FLAT FLOOR SURFACE THAT'S FIRM ENOUGH TRACE ON
- HAVE YOUR CHILD LIE DOWN FLAT ON THE PAPER
- TRACE AROUND THE OUTSIDE OF THEIR BODY, MAKING SURE TO DISTINGUISH ARMS AND LEGS, SO YOUR OUTLINE LOOKS LIKE A PERSON – THEIR PORTRAIT!
- ASK YOUR CHILD TO DECORATE THEIR PORTRAIT WITH SOME THINGS THAT ARE SPECIAL TO THEM. SOME IDEAS ARE:
  - CAN YOU DRAW YOUR FAVORITE OUTFIT ON YOUR SELF-PORTRAIT?
    - WHAT DO YOU LOVE MOST ABOUT THIS OUTFIT?
  - CAN YOU DRAW YOUR FAVORITE FOOD OR DRINK IN YOUR PORTRAIT'S HAND?
  - ARE YOU GOING TO WEAR A HAT, OR NO HAT?
  - WHAT SEASON IS YOUR SELF-PORTRAIT DRESSED FOR?
  - DO YOU HAVE ANY FAVORITE TOYS, OR PETS YOU'D LIKE TO ADD TO YOUR DRAWING?
  - CAN YOU DRAW YOUR FAVORITE BOOK WITH YOUR SELF-PORTRAIT?
- WHEN YOUR CHILD IS DONE COLORING AND DECORATING THEIR SELF-PORTRAIT, ASK THEM TO TELL YOU ABOUT IT. ASK QUESTIONS AND HAVE A CONVERSATION ABOUT THE COLORS AND ITEMS THEY CHOSE TO DECORATE WITH. THIS WILL HELP DEVELOP LANGUAGE SKILLS AND SELF-CONFIDENCE IN YOUR CHILD!

We'd love to see photos of your at home learning! Tag us on Facebook and Instagram with hashtag #MeritSchoolAtHome

