

Ms.Foley's PE Monthly

This Month's Focus

Spring has sprung along with wet weather!

Inside: We are exploring "serving size" in different ways – visually, mathematically, and realistically.

Visually with our hands comparison.

Mathematically with serving size food labels.

Realistically with comparing what the serving size is versus what a child generally eats.



Outside: Spring Sports have begun! We are working on b working on basketball basics with drills, screens, and basic play development. We will be ending with a class vs class scrimmage at the end of the month.



Highlights of the Month

The students will be participating in "Kids Heart Health 2024 – 2025." Along with Tyke A Thon which the Junior Kindergarten is happy to pedal their way into our hearts.

Upcoming Spring Sports Spring Olympics

Standards of Learning Taught this Month

**Demonstrate competence in motor skills and movement patterns needed to perform a variety of physical activities.*

(Motor Skill Development)

Apply knowledge of the structures and functions of the body and how they relate to and are affected by human movement to learning and developing motor skills and specialized movement forms.* **(Anatomical Basis of Movement)

Demonstrate the aptitude, attitude, and skills to lead responsible, fulfilling, and respectful lives.* **(Social Development)